

PT Research Update

Austin Physiotherapy Research Team

Dr Cathy Said & A/Prof Julie Bernhardt

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Research News

As part of promoting research and the activities of the Austin Physiotherapy Research Team, we are starting a (hopefully) bimonthly newsletter to keep everyone up to date on activities in the department.

The plan is to have a feature researcher/project each newsletter. This will involve a short and sweet summary of research background or aims and progress of a current project. We would greatly appreciate your help with this (if you are involved in research you will be asked ☺).

The Research Committee has monthly meetings at the Austin Hospital. Everyone is most welcome to attend, no research background is necessary. This is an ideal environment to ask questions, gain some guidance or offer suggestions regarding what areas we should/could be investigating at Austin Health.

I look forward to seeing everyone at the next meeting!

Katie

Research Challenge

We need a new and exciting name for the newsletter!

Come up with the most interesting name and win a prize!

Submit your ideas to kathryn.shaw@austin.org.au by June 7th.

Upcoming Events

May 28

Physiotherapy Research Meeting

Presenters: Jannette Blennerhassett, Wayne Dite and Zoe Langford

Topic: Finding the best dose of exercise for improving walking in chronic stroke survivors.

4-5pm, Physiotherapy Conference Room

Austin Campus

May 29

Introduction to Research Methods

Presenter: Jodie Palmer

Topic: Research Code of Conduct

4:30-5:30pm

Education Precinct Lecture Theatre

Level 4 Austin Tower

Research Opportunities

The Falls and Bone Health Team is offering 3-year full-time PhD scholarships (tenable in 2013) through the Monash University.

The PhD project will be focused on the NHMRC funded RESPOND RCT. The project will be supervised by Dr. Anna Barker, Prof Peter Cameron and Prof Keith Hill.

Applications close May 30th, 2013.

For more information contact Katie.

Research Achievements

Please let us know! If you have a recent publication/ grant/ conference presentation etc. please send the details to Katie.

Quote of the Month

“Money won't buy happiness, but it will pay the salaries of a large research staff to study the problem”

Bill Vaughn

Research Activity

We are currently consolidating databases of all research activity, grants and publications in the department. Please check these (M drive, Physio folder for Talbot staff) to ensure your information is up to date or send Katie the details of any updates/changes.

H:\General\RESEARCH\Register of Research Activity 2012-
H:\General\RESEARCH\Austin Physiotherapy Research
Publications and Grants 2012-

Important Announcements

- Abstracts for the **APA Conference 2013** are due by 11:59pm May 24th.
- Austin Life Sciences are presenting a **monthly publication prize**. Physiotherapy staff are eligible to enter! To enter email a copy of your publication to research@austin.org.au by May 31st (and maybe send a copy to Katie at the same time!). See the HUB or speak to Cathy for more information.

Research Fundraisers

July 21

The Age Run Melbourne

Get a team together to raise money for breast cancer research at the National Breast Cancer Foundation



Research Profile

Project: Preparing people at high risk of falls for discharge home following rehabilitation: Do we meet the guidelines?

Investigators: Dr. Cathy Said, Dr. Jannette Blennerhassett, Dr. Frances Batchelor, Kathryn Shaw

Aims:

- Are people who are at risk of falling being correctly identified during rehabilitation?
- Are risk factors assessed/identified?
- Are strategies implemented to minimize fall risk?
- Is falls risk appropriately identified in discharge paperwork?

Progress: We have finished our medical record audit of 50 inpatients admitted to rehab to both the Repat and Talbot campuses. We only considered patients who were discharged home and were identified as at risk of falls in this audit.

We have prepared and submitted an abstract for the APA Conference later in the year.

Our ongoing plan is to conduct a more detailed data analysis and write up the project for publication.



www.123rf.com

Important Dates 2013

Physiotherapy Research Meeting Dates

(Physiotherapy Conference Room, 4-5pm)

May 28

June 25

July 23

August 20

September 17

October 15

November 12

December 10

Introduction to Research Methods

Last Wednesday of the month, 4:30-5:30pm

APA Conference 2013

October 17-20

Austin Research Week

November 25-29

Quirky Research - A Note on the Game of Refereeing (coming next issue)

Applied Statistics XVII No. 3 (1968)

J M Chambers (*) and Agnes M. Herzberg (**)

* Bell Telephone Laboratories, Murray Hill, New Jersey

** Imperial College, London

Summary

The game of refereeing (assessment of papers for publication) will be described. Some tactics will be outlined and examples given. The present state of the game will be assessed.